

 **AM Snack Menu Week 1 - Dates: 1/20/20**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **A.M. SNACK** | **1-2 yrs** | **3-5 yrs** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Milk | ½ cup | ¾ cup | Whole Milk/1% Milk |  | Whole Milk/1% Milk |  | Whole Milk/1% Milk |
| Grains or Meat/Meat Alt | ½ oz eq | WGR Crispy Rice Cereal | WGR Muffin | WGR Scooters Cereal | Croissant | WGR Scooters Cereal  |
| Vegetable or Fruit | 1/8 cup | ¼ cup |  | 100% Apple Juice |  | 100% Orange Juice |  |
| Extra |  |  |   |  |   |   |  |

 **AM Snack** **Menu Week 2 - Dates: 1/27/20**

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| **A.M. SNACK** | **1-2 yrs** | **3-5 yrs** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Milk | ½ cup | ¾ cup | Whole Milk/1% Milk |  | Whole Milk/1% Milk |  | Whole Milk/1% Milk |
| Grains or Meat/Meat Alt | ½ oz eq | Crispy Rice Cereal | WGR Muffin |  Cinnamon Raisin Bread | Croissant | Bran Flakes |
| Vegetable and/or Fruit | ¼ cup | ½ cup |  | 100% Apple Juice |  | 100% Orange Juice |  |
|  |  |  |   |  |  |   |  |

 **AM Snack Menu Week 3 - Dates: 2/3/20**

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| **A.M. SNACK** | **1-2 yrs** | **3-5 yrs** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Milk | ½ cup | ¾ cup | Whole Milk/1% Milk |  | Whole Milk/1% Milk |  | Whole Milk/1% Milk |
| Grains or Meat/Meat Alt | ½ oz eq | Scooters Cereal | WGR Muffin | Crispy Rice Cereal  | Croissant | Corn Flakes |
| Vegetable and/or Fruit | ¼ cup | ½ cup |  | Peach |  | 100% Apple Juice |  |
| Extra |  |  |   |   |   |  |  |

 **AM Snack Menu Week 4 - Dates: 2/10/20**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **A.M. SNACK** | **1-2 yrs** | **3-5 yrs** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Milk | ½ cup | ¾ cup | Whole Milk/1% Milk |  | Whole Milk/1% Milk |  | Whole Milk/1% Milk |
| Grains or Meat/Meat Alt | ½ oz eq | Crispy Rice Cereal | Croissant | Bran Flakes  | WGR Muffin | WGR Scooters Cereal |
| Vegetable and/or Fruit | ¼ cup | ½ cup |  | 100% Orange Juice |  | 100% Apple Juice |  |
| Extra |  |  |   |   |   |  |   |